



## **NH Rules and Policies (revised 9/17)**

### **Competitive Level Age Groups:**

For all pre-sectional, sectional and state meets. Meet Directors may break these age groups down further but they cannot be combined.

- Level 3: Meet Director's discretion. SACC will break into reasonable age groups for States
- Level 4 & 5: 9 & under, 10 & over
- Level 6: 10 and under, 11 and older
- Level 7-8: 13 and under, 14 and older
- Level 9-10: Meet Director's discretion. SACC will break into reasonable age groups for States
- Xcel: Meet Director's discretion. SACC will break into reasonable age groups for States

Local, theme and invitational meets may create age groups at the discretion of the meet director. This must be published in the pre-meet information.

### **AA Score Requirements:**

For Sectional Meets:

Levels 3: No sectional score required. Level 4-8: 31.00 at a pre-sectional, theme or invitational meet  
No sectionals required for Xcel

For State Meets:

Levels 3: Must compete in 2 sanctioned meets or earn a 32.00 in one meet.  
Level 4-8: 32.00 at Sectionals  
Level 9-10: 32.00 at a pre-sectional, theme or invitational meet  
Xcel: Must compete in two sanctioned meets or earn a 32.00 in one meet.

Regionals:

Level 7-8: Determined by Regional Administrative Committee  
Level 9-10: 34.00 at States  
Xcel: Silver – Diamond: Determined by Regional Administrative Committee

No athlete can compete in two state meets in the same competitive year.

### **Event Specialists:**

Declaration date is one month prior to the state meet with written notification to the SACC

Score Required:

- Level 6-8:
  - 8.50 at a pre-sectional, theme or invitational meet to qualify to Sectionals.
  - 8.70 At Sectionals to qualify to States.
  - No qualification to Regionals allowed.
- Level 9-10:
  - 8.5 at any pre-sectional, theme or invitational meet to qualify to States
  - 9.0 At States to qualify to Regionals
- Xcel: 8.0 to qualify to states. No qualification to regionals allowed.

NOTE: Entry Fees are the same for all athletes

### **Level Declaration Date:**

- Levels 9 and 10: One month prior to State Championships
- Xcel: One month prior to State Championships

### **Types of Meets, Fees and Awards:**

#### **Types of meets:**

Local: May be used for mobility purposes only. Not under the organizational responsibility of the SACC. Scores may not be used to qualify to sectionals. See R and P for meet guidelines

Pre-sectional: Scores may be used for mobility and qualification to Sectionals (levels 4-8) or States (level 9, 10 or Xcel any level). Requests to host a pre-sectional must be submitted to the SACC. Per R&P, all pre-sectional meets must have at least two clubs competing to obtain a sanction. Approved pre-sectional meets are listed on the State Calendar each year.

#### Theme:

1. Must exceed R&P for awards.
2. Medals, trophies or plaques must be given in place of ribbons
3. Must include a participation memento or gymnast gift
4. 2 judge panels are required for all levels
5. Team fee of \$25 per level may be charged but teams may opt not to enter team competition.
6. Age divisions are at the discretion of the meet director
7. Scores may be used for mobility and qualification to Sectionals (levels 4-8) or States (if designated as a Sectional by SACC for levels 3-8) or States (level 9, 10 and Xcel)

**Invitational:**

These are meets that are held in an outside facility where the additional cost of facility and equipment rental are involved. Entry fee caps for Invitational will not be established by the SACC. Scores may be used for mobility and qualification to Sectionals (levels 4-8) or States (if designated as a Sectional by SACC for levels 3-8) or States (level 9, 10 and Xcel).

**Meet Fee Caps:**

Local:	At the discretion of the meet director
Pre-sectional:	\$45.00 JO Compulsory and Xcel Bronze, Silver and Gold (1 or 2 judge panel), \$50.00 Xcel Platinum and Diamond and JO Optional (2 judge panel)
Theme:	\$65.00 Compulsory and Xcel, \$70.00 Optional (2 judge panel required for all)
Invitational:	At the discretion of the Meet Director
Sectional:	\$45.00 levels 4-5, \$50.00 levels 6-8
Sectional fee when run in conjunction with a theme or invitational meet:	\$15.00 (all levels)
States:	JO: Compulsory \$75.00, Optional \$85.00 Xcel Bronze, Silver & Gold: \$75.00, Xcel Platinum & Diamond: \$85

Registration for all sectionals and states will be completed electronically through [www.meetmaker.com](http://www.meetmaker.com) . When registering an athlete for a theme or invitational meet that is also a sectional, send entry and payment to the Meet Director per meet information. Once accepted into the meet, register online through [www.meetmaker.com](http://www.meetmaker.com) for sectional status.

**Gate Fee Caps:** (Must be published in pre-meet information)

Local:	Meet Director's discretion
Pre-sectional:	\$5 adults, \$3.00 children ages 5 and up
Theme:	\$7 adults, \$5.00 children ages 5 and up
Invitational:	Meet Director's discretion
Sectional:	\$7 adults, \$5.00 children ages 5 and up
State:	\$12 adults, \$8 children ages 5 and up

*These are caps – you MAY charge less. You are encouraged to offer a family rate. Adequate seating must be available if charging admission.*

**Judging:** Xcel: Bronze – Gold: One judge panel allowed for local or pre-sectional meets. Platinum and Diamond: 2 judge panels only. Must be a rated official.

JO: Per R and P

**AWARDS:**

**Per R&P, Meet Director's may present more but not less than those listed below.**

**Level 3:**

- Pre-sectional and Sectional meets: Event and AA Achievement awards must be given. Placement may also be given. 100% AA may be given in lieu of achievement awards. At Sectionals, Event and AA placement will be awarded 50%.
- Theme/Invitational: R & P must be exceeded. 100% AA is acceptable in lieu of achievement awards.
- States: State Qualifier Medal will be given. Event and AA placement will be awarded 40%.

**Level 4:** Meet Directors have the option to give achievement awards or placement awards or both

**Xcel:** Minimum of 40%

**Sectionals and States:**

- All ties will be broken.
- Regional Qualifiers will be outfitted with State leotard (Xcel and levels 7-8) and State Jacket (levels 7-10)
- Regional coaching staff will be outfitted with State coaching shirt
- National Qualifiers will be presented with a warm-up leotard or gift for nationals
- Senior recognition gifts will be presented at their respective State meets. Senior forms must be submitted to SACC one month prior to State meet.
- Event and AA placement will be awarded 40%
- Team Competition at States: Banners will be awarded to top three teams per level and trophies thereafter. 40% placement.

**Equipment:** All equipment must meet Rules and Policies specifications

**Additional Requirements:**

Requests to host a pre-sectional, theme or invitational meet must be submitted to the SACC. Only theme or invitational meets can request sectional status.

Sectional Meets: At sectionals, sessions should only have JO athletes. The combination of compulsory levels is ok but it should only be levels 3-5. The combination of optional levels is ok but it should only be 6-10. No xcel athletes should be combined with JO athletes for a sectional meet.

All out-of-state scores being used for mobility or qualification must be submitted to the SACC either by email or mail. Include sanction number and copy of meet results.

Dress code: It is a coach's responsibility to dress in attire that reflects the best image of gymnastics. At all meets the coaches' dress code is as follows:

- a. Athletic shoes with rubberized soles.
- b. Athletic warm – up pants or "Dockers - style" pants (No jeans).
- c. Athletic or tailored shorts that are of a reasonable length. No holes, tears or short shorts.
- d. Collared shirts, business casual shirts or T – shirt. Sleeveless shirts that go to the shoulder are acceptable. No tank tops allowed.
- e. No hats or visors